



Jarrell Independent School District

Physical Education Substitution - Training Plan

This form must be completed on a yearly basis, or more often as needed.

Personal Information:

Waiver Request School Year:	Semester: Fall Spring Both
Student Name:	Agency Name:
Trainer / Coach Name:	
Training Site Address:	
Training Phone #:	Training Email:

Documentation:

<p>Category 1 - Attach Documentation and Complete Participant Schedule</p> <ul style="list-style-type: none"> Students train at least 15 hours per week in an approved Category 1 facility/program. Provide student documentation such as a copy of the entry form for Olympic competition, a publication that verifies the student's Olympic standing or national athletic status or rank, or a copy of the student's Olympic or national athletic certification that verifies status or rank. Also, complete the schedule below.
<p>Category 2 - Complete Participant Schedule</p> <ul style="list-style-type: none"> Students train at least 5 hours per week in an approved Category 2 facility/program. Complete the schedule below.

Training Schedule		
Day	Activity	# of Hours
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		
Sunday		
Total Participation Hours		

Agreement Statements:

Please read each statement, print and sign the form, attach documentation as needed, and submit the completed form to the parent for submission to the school.

I understand that I am responsible for signing a log of student activity hours to be submitted to the school before the end of each semester for course credit.

I understand that a new training plan must be submitted immediately if the total participation hours per week drop below the required number for PE Substitution (Cat.1=15 hrs., Cat.2=5 hrs.).

I understand that the Superintendent must approve the application. In addition, applications for High School substitutions must be presented to the School Board and Texas Education Agency.

Trainer/Coach Signature: _____ **Date:** _____

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Superintendent's Decision: Training Plan Approved Training Plan Denied